

10 ESSENTIAL CHANGES

1	BANK
2	GASOLINE
3	SUPERMARKET
4	RETAIL STORES
5	CAR
6	SEAFOOD
7	CHOCOLATE
8	COFFEE
9	CREDIT CARD
10	CLEANING PRODUCTS

The above list includes the 10 things that you can change in your life which will make the most difference for people and the planet. If you're having trouble knowing where to begin making changes, start here!

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